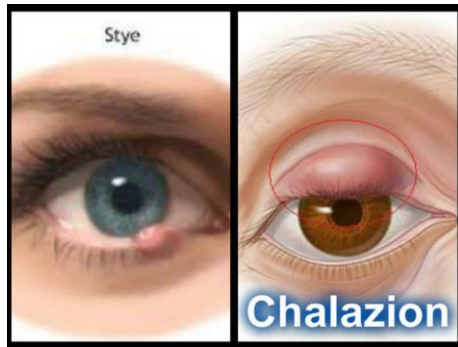




Shiraz University of Medical Sciences

Shahid Dastgeyb hospital



Instruction after chalazion
(stye)

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**CALL THE OFFICE
at +989355553898 if
you have any
questions or if:**

Severe eye pain
Thick yellow discharge
from the incision
You can't see out of the
eye(s) that had surgery
(minor blurring is
normal)

Eyelids start to swell or
become red

Anything is getting
worse - pain, discharge,
eyelid swelling,
bleeding, vision

Reference: Vision eye care
magazine

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When can I shower?

You should keep the
eyelids clean and dry
after surgery. You
can shower with
your head held back.

Avoid
hot water and steam,
as these can cause
bleeding.

**When can I return to
normal activities?**

Do not stoop over or
lift more than 10
pounds for one week
after surgery. Avoid
heavy physical
exertion for a week
after surgery.

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medication.

Frequently Asked Questions

Is it normal to have eyelid swelling and bleeding after surgery?

Expect to have swelling, redness, and some bruising after eyelid surgery. It is normal to have some oozing of blood tinged fluid for 1 or 2 days. The swelling will be worst the morning after surgery, and will decrease

thereafter. If there is steady bleeding after 24 hours, call your Dr.

3) The morning after your surgery, start using moist, hot packs. Clean paper towels soaked in hot water are the best source of moist heat. Hot packs will allow the chalazion to drain and are important to keep the chalazion from recurring. Perform hot packs three times a day, 10 minutes each time, for 5 days.

4) Apply antibiotic / steroid ointment under the eyelid two times a day.

5) Acetaminophen is safest to take for pain. If Acetaminophen is not adequate, call your Dr. for a stronger

1) Carefully remove the patch ۴ hours after surgery. If the patch seems stuck on the skin, use room temperature bottled water to soak the patch off and to gently clean the eyelids

2) After the patch is removed, apply ice compresses to your lid (15 minutes at a time) until bedtime using ice cubes in a ziplock bag, wrapped in a single paper towel. Frozen peas or freezer gel packs are acceptable. Ice helps prevent bruising & swelling of the eyelid, but don't apply ice directly to the skin since it can cause burns.